

A large photograph of an older man with a white beard and glasses, wearing a patterned shirt, playing a piano. The text is overlaid on the right side of the image.

Worth every  
minute you spent  
in the doctor's  
waiting room.



The right choices, like getting a health screening, can add years to your life. Years you can spend enjoying the things you love to do. So, what are you waiting for? Pick up the phone and make an appointment. Get on your way to a healthier life.

Live Like Your Life Depends On It.

Live Well  
MESSAGE ALLIANCE  
[www.lifedependsonit.com](http://www.lifedependsonit.com)